The second stage of the pilgrimage, from Birsay to Dounby, follows the journey of Magnus’s bones when they were translated from St Magnus Church in Birsay to Kirkwall. The route first visits the Mansie Well, where tradition says the bones were washed and the water has healing properties. We then skirt around Boardhouse Loch past Strathyre, the only Mansie Stane still visible in the landscape and on over the flank of Greeny Hill to Dounby. The walking is much easier than the first stage, with 3.2 miles on track and the majority on road.

Our theme for this stage is Growth – reflecting on the growth of the cult of St Magnus in the years following his death as well as our own experiences of growth, helped by the rolling farmland and rich diversity of wildlife in Birsay and Harray.