

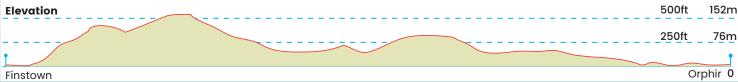
St Magnus Way

At Finstown the Mansie Stane tradition runs out and it is possible this is because they travelled by boat from Finstown past Damsay round to Kirkwall rather than traversing the bog or pulling over the hill. The fourth section, from Finstown to Orphir, therefore shifts attention to Hakon, Magnus's cousin who ordered his death and ruled the united Earlship afterwards. He himself made pilgrimage to Rome and Jerusalem and it was likely this journey and the Church of the Holy Sepulchre that inspired the construction of the Round Kirk in Orphir.

Our theme for this stage is Forgiveness reflecting on whether Hakon was sorry for the murder of Magnus, and our own need to both receive and extend forgiveness. We climb past Cuween Hill to the Hill of Lyradale and then down the other side to the track that leads from Naversdale past Burgir to Nearhouse. From there we walk into Orphir and down to the coast at the Breck and on to the Orkneyinga Saga Centre via the Earl's Bu and Round Kirk.

DISTANCE: 9.5 miles/15 km

TERRAIN: Rough heather across Cuween with good steep tracks up and down Lyradale and a gentler track from Naversdale to Nearhouse. Around Orphir it mostly road walking with a beautiful off road coastal track from The Breck.



Follow the Scottish Outdoor Access Code

- Keep dogs under control at all times
- · Wear suitable footwear and be prepared for variable weather
- · Let someone know your route and when you will return
- Avoid disturbing livestock or crops
- · Leave gates as you found them
- · Respect wildlife and take special care in the breeding season
- Bring your litter away with you

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On road

Finstown to Community Centre 0.5miles (0.8km) Kebro to Naversdale 0.9 miles (1.45 km)

Nearhouse to The Breck 2.3 miles (3.7km)

The Breck to the Earl's Bu 0.8 miles (1.3km)

Total off road – 5.60 miles (9.1km) Total ascent 332m

The St Magnus Way gratefully acknowledges the support of

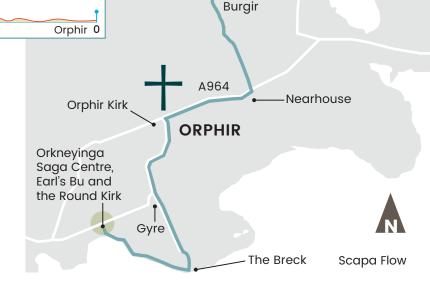








St Magnus Way is a Scottish Charitable Incorporated Organisation, SC047008



Δ967

Fea Farm

South

Rusky Hill

Firth Parish Kirk-

FINSTOWN

Cuween

Hill

Hill of

Lvradale

Kebro

Naversdale

Oback Farm

Damsay

Old Finstown Road

Keelylang

Hill

Holm of Grimbister

> Firth Community Centre

Cuween

Tomb

Loch of Kirbister